



The Trauma Resilience and Education Center
of Greater Washington, DC (TREC DC)
1350 Connecticut Ave. NW, Suite 602
Washington, DC 20036
www.trecdcpyschotherapy.org

Advanced Psychology Externship Duties and Opportunities

TREC DC provides therapy and education to individuals who have experienced traumatic events. Clients often present with symptoms of PTSD or other trauma or stressor related disorders, at times with co-occurring symptoms such as depression, insomnia, and/or substance misuse. Clients seen are 18+ and come from a wide variety of backgrounds regarding race, ethnicity, religion, country of origin, and sexual orientation (among other factors). We are an inclusive practice and strive to provide culturally humble treatment, supervision, and consultation. Our approach aims to destigmatize mental health therapy within an empowering and affirming context.

TREC DC offers a one-year advanced externship for students pursuing a doctoral clinical degree (PhD or PsyD) who have **already completed at least two years of clinical training focused on direct provision of therapy**. Externs will have the opportunity to learn trauma-informed and evidence-based interventions for PTSD and its sequelae from a culturally appropriate perspective. They will also have the opportunity to be a part of education and community outreach programs/workshops that provide information about trauma. Additionally, externs are encouraged to be a part of programming development as it aligns with their interests and training goals.

Additional details:

- All virtual externship; some limited in-person slots if desired but an extern should check with their Director of Training to ensure that an all-virtual externship would be approved
- Sixteen (16) hours per week; minimum of 5 client hours per week
- **Thursdays are a required day** for our externship to be present for meetings and didactics
- Externs are required to attend weekly virtual clinical consultation with licensed therapists and trainees on Thursdays 12-1pm ET
- Some flexibility of work schedule
- Opportunities to co-facilitate groups, presentations, clinical team meetings, and/or workshops
- Participation in special projects, including interview processes and contributing to blog
- Gain experience in providing intake screenings and treatment planning
- Opportunities to participate in community outreach
- Weekly supervision with licensed clinical psychologist
- Monthly mentorship meetings for professional development
- Monthly didactic trainings on topics pertaining to PTSD and psychotherapy
- Typical start and end dates will be congruent to the academic year (late August/early September through May), with potential flexibility to begin earlier and/or end later as negotiated with each extern.

Application Information

- Applications accepted beginning 12/30/25 with a deadline of 1/22/26
- Please submit a cover letter, CV, and two clinical letters of recommendation to:
admin@trecdcpyschotherapy.org
- Interviews will be conducted on Sunday 2/15/26; please let us know at the time of material submission if you cannot make this date
- We adhere to the DC Consortium Universal Acceptance Date